

COLIN A. CAPALDI

EDUCATION

- 2020 Ph.D. in Psychology, Carleton University
- 2014 M.A. in Psychology, Carleton University
- 2012 B.A. in Psychology (Highest Honours), Minor in Law, Carleton University

PUBLICATIONS

Journal Articles

- Shiraz, M., Capaldi, C. A., Ooi, L. L., & Roberts, K. C. (2024). Health care barriers and perceived mental health among adults in Canada during the COVID-19 pandemic: A population-based cross-sectional study. *Health Promotion and Chronic Disease Prevention in Canada*, 44(1), 21-33. <https://doi.org/10.24095/hpcdp.44.1.03>
- Capaldi, C. A., & Ooi, L. L. (2023). Validating the Children's Intrinsic Needs Satisfaction Scale in the 2019 Canadian Health Survey on Children and Youth. *Health Reports*, 34(8), 16-30. <https://www.doi.org/10.25318/82-003-x202300800002-eng>
- Clayborne, Z. M., Dopko, R. L., Wang, C., Betancourt, M. T., Roberts, K. C., & Capaldi, C. A. (2023). Associations of sleep duration and sleep quality with indicators of mental health among youth and adults: findings from the 2015 Canadian Community Health Survey. *Health Promotion and Chronic Disease Prevention in Canada*, 43(5), 243-259. <https://doi.org/10.24095/hpcdp.43.5.04>
- Ooi, L. L., Liu, L., Roberts, K. C., Gariépy, G., & Capaldi, C. A. (2023). Social isolation, loneliness and positive mental health among older adults in Canada during the COVID-19 pandemic. *Health Promotion and Chronic Disease Prevention in Canada*, 43(4), 171-181. <https://doi.org/10.24095/hpcdp.43.4.02>
- Capaldi, C. A., Liu, L., Ooi, L. L., & Roberts, K. C. (2022). Self-rated mental health, community belonging, life satisfaction, and perceived change in mental health among adults during the second and third waves of the COVID-19 pandemic in Canada. *Health Promotion and Chronic Disease Prevention in Canada*, 42(5), 218-225. <https://doi.org/10.24095/hpcdp.42.5.05>
- Krys, K., Capaldi, C.A., Uchida, Y., Cantarero, K., Torres, C., Işık, İ., Yeung, ... Zelenski, J.M. (2022). Preference for modernization is universal, but expected modernization trajectories are culturally diversified: A nine-country study of folk theories of societal development. *Asian Journal of Social Psychology*, 25(4), 731-746. <https://doi.org/10.1111/ajsp.12533>

- Krys, K., Yeung, J. C., Capaldi, C. A., Lun, V. M.-C., Torres, C., van Tilburg, W. A. P., ... Vignoles, V. L. (2022). Societal emotional environments and cross-cultural differences in life satisfaction: A forty-nine country study. *Journal of Positive Psychology*, 17(1), 117-130. <https://doi.org/10.1080/17439760.2020.1858332>
- Wang, C., Dopko, R. L., Clayborne, Z. M., Capaldi, C. A., Roberts, K. C., & Betancourt, M. T. (2022). Investigating the association between sleep and aspects of mental health in children: findings from the Canadian Health Survey on Children and Youth. *Health Promotion and Chronic Disease Prevention in Canada*, 42(11/12), 466-478. <https://doi.org/10.24095/hpcdp.42.11/12.02>
- Capaldi, C. A., Liu, L., & Dopko, R. L. (2021). Positive mental health and perceived change in mental health among adults in Canada during the second wave of the COVID-19 pandemic. *Health Promotion and Chronic Disease Prevention in Canada*, 41(11), 359-377. <https://doi.org/10.24095/hpcdp.41.11.05>
- Capaldi, C. A., Varin, M., & Dopko, R. L. (2021). Determinants of psychological and social well-being among youth in Canada: Investigating associations with socio-demographic factors, psychosocial context, and substance use. *Health Promotion and Chronic Disease Prevention in Canada*, 41(2), 39-47. <https://doi.org/10.24095/hpcdp.41.2.02>
- Krys, K., Capaldi, C. A., Zelenski, J. M., Park, J., Nader, M., Kocimska-Zych, A., ... Uchida, Y. (2021). Family well-being is valued more than personal well-being: A four-country study. *Current Psychology*, 40, 3332-3343. <https://doi.org/10.1007/s12144-019-00249-2>
- Krys, K., Park, J., Kocimska-Zych, A., Kosiarczyk, A., Selim, H., Wojtczuk-Turek, A., ... Adamovic, M. (2021). Personal life satisfaction as a measure of societal happiness is an individualistic presumption: Evidence from fifty countries. *Journal of Happiness Studies*, 22, 2197-2214. <https://doi.org/10.1007/s10902-020-00311-y>
- Liu, L., Capaldi, C. A., & Dopko, R. L. (2021). Suicide ideation in Canada during the COVID-19 pandemic. *Health Promotion and Chronic Disease Prevention in Canada*, 41(11), 378-391. <https://doi.org/10.24095/hpcdp.41.11.06>
- Liu, L., Capaldi, C. A., Orpana, H. M., Kaplan, M. S., & Tonmyr, L. (2021). Changes over time in means of suicide in Canada: An analysis of mortality data from 1981 to 2018. *Canadian Medical Association Journal*, 193(10), E331-E338. <https://doi.org/10.1503/cmaj.202378>
- Krys, K., Capaldi, C. A., Lun, V. M.-C., Vauclair, M., Bond, M. H., Domínguez-Espinosa, A., & Uchida, Y. (2020). Psychologizing indexes of societal progress: Accounting for cultural diversity in preferred developmental pathways. *Culture & Psychology*, 26, 303-319. <https://doi.org/10.1177/1354067X19868146>
- Dopko, R. L., Capaldi, C. A., & Zelenski, J. M. (2019). The psychological and social benefits of

- a nature experience for children: A preliminary investigation. *Journal of Environmental Psychology*, 63, 134-138. <https://doi.org/10.1016/j.jenvp.2019.05.002>
- Krys, K., Zelenski, J. M., Capaldi, C. A., Park, J., van Tilburg, W., van Osch, Y., ... Uchida, Y. (2019). Putting the “we” into well-being: Using collectivism-themed measures of well-being attenuates well-being’s association with individualism. *Asian Journal of Social Psychology*, 22, 256-267. <https://doi.org/10.1111/ajsp.12364>
- Krys, K., Capaldi, C. A., Bond, M. H., van Tilburg, W., Teyssier, J., Manickam, L. S. S., ... Yu, A. A. (2018). Catching up with wonderful women: The women-are-wonderful effect is smaller in more gender egalitarian societies. *International Journal of Psychology*, 53, 21-26. <http://dx.doi.org/10.1002/ijop.12420>
- Capaldi, C. A., Passmore, H.-A., Ishii, R., Chistopolskaya, K. A., Vowinckel, J., Nikolaev, E. L., & Semikin, G. I. (2017). Engaging with natural beauty may be related to well-being because it connects people to nature: Evidence from three cultures. *Ecopsychology*, 9, 199-211. <http://dx.doi.org/10.1089/eco.2017.0008>
- Krys, K., Xing, C., Zelenski, J. M., Capaldi, C. A., Lin, Z., & Wojciszke, B. (2017). Punches or punchlines? Honor, face, and dignity cultures shape different reactions to provocation. *HUMOR: International Journal of Humor Research*, 30, 303-322. <http://dx.doi.org/10.1515/humor-2016-0087>
- Mangone, G., Capaldi, C. A., van Allen, Z. M., & Luscuere, P. G. (2017). Bringing nature to work: Preferences and perceptions of constructed and natural workspaces. *Urban Forestry & Urban Greening*, 23, 1-12. <http://dx.doi.org/10.1016/j.ufug.2017.02.009>
- Capaldi, C. A., & Zelenski, J. M. (2016). Seeing and being green? The effect of money priming on willingness to perform sustainable actions, social connectedness, and prosociality. *Journal of Social Psychology*, 156, 1-7. <http://dx.doi.org/10.1080/00224545.2015.1047438>
- Ebersole, C. R., Atherton, O. E., Belanger, A. L., Skulborstad, H. M., Allen, J. M., Banks, J. B., ... Nosek, B. A. (2016). Many Labs 3: Evaluating participant pool quality across the academic semester via replication. *Journal of Experimental Social Psychology*, 67, 68-82. <http://dx.doi.org/10.1016/j.jesp.2015.10.012>
- Krys, K., Vaclair, M., Capaldi, C. A., Lun, V. M.-C., Bond, M. H., Dominguez-Espinosa, A., ... Yu, A. A. (2016). Be careful where you smile: Smiling individuals appear less intelligent in societies low on uncertainty avoidance and corruption corrupts trust in smiling. *Journal of Nonverbal Behavior*, 40, 101-116. <http://dx.doi.org/10.1007/s10919-015-0226-4>
- Maeder, E. M., Yamamoto, S., McManus, L., & Capaldi, C. A. (2016). Race-crime congruency in the Canadian context. *Canadian Journal of Behavioural Science*, 48, 162-170.

<http://dx.doi.org/10.1037/cbs0000045>

Wagenmakers, E.-J., Beek, T., Dijkhoff, L., Gronau, Q. F., Acosta, A., Adams, R. B., ... Zwaan, R. A. (2016). Registered Replication Report: Strack, Martin, & Stepper (1988). *Perspectives on Psychological Science*, *11*, 917-928.

<http://dx.doi.org/10.1177/1745691616674458>

Capaldi, C. A., Passmore, H.-A., Nisbet, E. K., Zelenski, J. M., & Dopko, R. L. (2015). Flourishing in nature: A review of the benefits of connecting with nature and its application as a wellbeing intervention. *International Journal of Wellbeing*, *5*(4), 1-16.

<http://dx.doi.org/10.5502/ijw.v5i4.1>

Zelenski, J. M., Dopko, R. L., & Capaldi, C. A. (2015). Cooperation is in our nature: Nature exposure may promote cooperative and environmentally sustainable behavior. *Journal of Environmental Psychology*, *42*, 24-31. <http://dx.doi.org/10.1016/j.jenvp.2015.01.005>

Capaldi, C. A., Dopko, R. L., & Zelenski, J. M. (2014). The relationship between nature connectedness and happiness: A meta-analysis. *Frontiers in Psychology*, *5*, 976.

<http://dx.doi.org/10.3389/fpsyg.2014.00976>

Other Publications

Capaldi, C. A. (2015). *A natural path to sustainable happiness*. Retrieved from <http://carleton.ca/chaimcentre/2015/a-natural-path-to-sustainable-happiness/>

Capaldi, C. A. (2015). Gimme a break: Recharge mental functioning by connecting with nature. *Psynopsis*, *37*(1), 18. Retrieved from <http://www.cpa.ca/docs/File/Psynopsis/2015/PsynopsisWinter2015WEB.pdf>

Capaldi, C. A., & Evraire, L. E. (2014). "Psychology Works" Fact Sheet: Applying to Canadian graduate schools. Retrieved from http://www.cpa.ca/docs/File/Publications/FactSheets/PsychologyWorksFactSheet_ApplyingToCanadianGraduateSchools.pdf

Capaldi, C. A. (2013). My summer practicum at the Canadian Psychological Association. *Psynopsis*, *35*(4), 24. Retrieved from http://www.cpa.ca/docs/File/Psynopsis/2013/Psynopsis_Fall2013.pdf

PRESENTATIONS

Hajo, S., Capaldi, C. A., & Liu, L. (2024, February). *Disparities in the positive mental health of sexual and gender minority adults in Canada*. Poster and presentation at the Health Canada Science Forum, Virtual and Ottawa, ON.

Shiraz, M., Capaldi, C. A., Ooi, L. L., & Roberts, K. C. (2024, February). *Healthcare barriers and perceived mental health among adults in Canada during the first year of the COVID-*

- 19 pandemic*. Poster and presentation at the Health Canada Science Forum, Virtual and Ottawa, ON.
- Varin, M., Ooi, L. L., Capaldi, C. A., Weeks, M., & Roberts, K. C. (2024, February). *Life satisfaction among populations with and without a mood/or anxiety disorder before and during the COVID-19 pandemic in Canada: Findings from national survey data*. Poster and oral presentation at the Health Canada Science Forum, Virtual and Ottawa, ON.
- Ooi, L. L., Liu, L., Roberts, K. C., Gariépy, G., & Capaldi, C. A. (2023, February). *Social isolation, loneliness, and positive mental health among older adults in Canada during the COVID-19 pandemic*. Poster and presentation at the Health Canada Science Forum, Virtual and Ottawa, ON.
- Capaldi, C. A. (2022, June). The status of positive mental health in Canada during the COVID-19 pandemic. In K. C. Roberts (Moderator), *Mental health surveillance during the COVID-19 pandemic* [Concurrent session]. Presentation at the Public Health 2022 conference of the Canadian Public Health Association, Virtual.
- Clayborne, Z. M., Dopko, R. L., Wang, C., Betancourt, M. T., Roberts, K. C., & Capaldi, C. A. (2022, February). *Associations between sleep and indicators of positive and negative mental health among youth and adults: Findings from the 2015 Canadian Community Health Survey*. Poster and presentation at the Health Canada Science Forum, Virtual.
- Capaldi, C. A., Liu, L., & Dopko, R. L. (2021, October). *Positive mental health during the second wave of the COVID-19 pandemic in Canada*. Digital poster and virtual abstract presentation at the Public Health 2021 conference of the Canadian Public Health Association, Virtual.
- Capaldi, C. A., Varin, M., & Dopko, R. L. (2021, February). *Determinants of psychological and social well-being among youth: Investigating associations with socio-demographic factors, psychosocial context, and substance use*. Poster presented at the 22nd Annual Meeting of the Society for Personality and Social Psychology, Virtual.
<http://dx.doi.org/10.13140/RG.2.2.25671.42405>
- Liu, L., Capaldi, C. A., Orpana, H. M., Kaplan, M. S., & Tonmyr, L. (2021, January). *Changes over time in means of suicide in Canada: A joinpoint regression analysis of mortality data from 1981 to 2018*. Poster and paper presented at the Health Canada Science Forum, Virtual.
- Morrison, C. D., Zelenski, J. M., Capaldi, C. A., & Poulin, M. J. (2020, February). *Trust me, I'm a nature enthusiast: Effects of nature settings on trust*. Poster presented at the 9th Annual Sustainability Psychology Preconference, New Orleans, LA.
- Vowinckel, J., Capaldi, C. A., Passmore, H.-A., Chistopolskaya, K. A., & Ishii, R. (2018, June). *Fully accepting existence: Positive orientations toward time and nature are linked to neutral death acceptance*. Paper presented at the 9th European Conference on Positive

Psychology, Budapest, Hungary.

- Capaldi, C. A. (2018, April). *Nature relatedness and mental health*. Invited talk at the 7th Annual Workshop of the inFLAME Global Network, Canmore, AB.
- Zelenski, J. M., Dopko, R. L., & Capaldi, C. A. (2018, March). *Testing the psychological and social benefits of a nature experience for children*. Paper presented at the 7th Annual Sustainability Psychology Preconference, Atlanta, GA.
- Dopko, R. L., Capaldi, C. A., & Zelenski, J. M. (2017, August). *Barking up the right tree: The psychological and social benefits of a nature experience for children*. Poster presented at the 125th Annual Convention of the American Psychological Association, Washington, DC. <http://dx.doi.org/10.13140/RG.2.2.20191.89763>
- Capaldi, C. A., Passmore, H.-A., & Dopko, R. L. (2017, June). *Greening the American Dream: The personal, social, and environmental implications of valuing harmony in nature*. Paper presented at the 2017 Conference of the Society for Psychological Study of Social Issues, Albuquerque, NM. <http://dx.doi.org/10.13140/RG.2.2.15158.73286>
- Capaldi, C. A., Passmore, H.-A., Ishii, R., Chistopolskaya, K. A., Vowinckel, J., Nikolaev, E. L., & Semikin, G. I. (2017, May). *Connecting with nature and engaging with natural beauty: Associations with well-being across three cultures*. Poster presented at the 6th Annual Interdisciplinary Conference in Psychology, Ottawa, ON. <http://dx.doi.org/10.13140/RG.2.2.11944.57609>
- Krys, K., Bond, M. H., Lun, V. M.-C., Domínguez-Espinosa, A., Igbokwe, D., Vauclair, M., & Capaldi, C. A. (2016, November). *Culturally sensitive development index predicts societal well-being better than traditional culturally blind indexes*. Paper presented at the International Conference on Well-being, Singapore.
- Krys, K., Dominguez-Espinosa, A., Park, J., Torres, C., Ahmed, R., Amanna, S., ... Zelenski, J. M. (2016, August). *Smile perceptions vary across cultures – the study of forty-four cultures*. Symposium conducted at the 23rd Congress of the International Association for Cross-Cultural Psychology, Nagoya, Japan.
- Krys, K., Park, J., Capaldi, C. A., Haas, B. W., Nader, M., van Tilburg, W., & van Osch, Y. (2016, August). *The second step towards an ethno-relative way of measuring happiness: The variation of interdependent happiness of families across cultures*. Paper presented at the 23rd Congress of the International Association for Cross-Cultural Psychology, Nagoya, Japan. <http://dx.doi.org/10.13140/RG.2.1.4060.4409>
- Vowinckel, J., Capaldi, C. A., & Passmore, H.-A. (2016, August). *The now is not a foe of the future anymore: New evidence for the validity of the present eudaimonic scale*. Paper presented at the 3rd International Conference on Time Perspective, Copenhagen, Denmark.

- Vowinckel, J., Capaldi, C. A., & Passmore, H.-A. (2016, July). *The presence of a meaningful balance: Healthy future, past and present time perspectives predict meaning in life and meaning in life mediates the relationship between balanced time perspective and well-being*. Paper presented at the 9th Biennial International Meaning Conference, Toronto, ON.
- Capaldi, C. A. (2016, June). *The green American dream: Correlates of valuing harmony with nature*. Poster presented at the 3rd Canadian Conference on Positive Psychology, Niagara-on-the-Lake, ON. <http://dx.doi.org/10.13140/RG.2.2.23547.34080>
- Capaldi, C. A., Passmore, H.-A., & Vowinckel, J. (2016, June). *A beautiful connection: Nature connectedness mediates the relationship between engagement with natural beauty and well-being*. Poster presented at the Canadian Psychological Association's 77th Annual Convention, Victoria, BC. <http://dx.doi.org/10.13140/RG.2.2.36654.54085>
- Werner, K. M., Zelenski, J. M., Lindsay, D. S., & Capaldi, C. A. (2016, June). *Promoting open science in Canada: Practical advice on how to incorporate research transparency at any stage of your career*. Round-table conversation session at the Canadian Psychological Association's 77th Annual Convention, Victoria, BC.
- Capaldi, C. A., & Zelenski, J. M. (2016, May). *Can cognitive depletion lead to natural resource depletion? An initial investigation*. Poster presented at the 5th Annual Interdisciplinary Conference in Psychology, Ottawa, ON. <http://dx.doi.org/10.13140/RG.2.2.14844.16008>
- Capaldi, C. A., & Zelenski, J. M. (2016, January). *Emotionally diverse experiences in natural environments: Experimental investigations of nature contact and emotional diversity*. Poster presented at the 17th Annual Meeting of the Society for Personality and Social Psychology, San Diego, CA. <http://dx.doi.org/10.13140/RG.2.2.11488.71682>
- Capaldi, C. A., & Zelenski, J. M. (2015, June). *Seeing and being green? The effect of money priming on willingness to perform sustainable actions, social connectedness, and prosociality*. Poster presented at the Canadian Psychological Association's 76th Annual Convention, Ottawa, ON. <http://dx.doi.org/10.13140/RG.2.2.35815.68000>
- Passmore, H.-A., & Capaldi, C. A. (2015, June). *Value added: How experiences in nature provide us with more than meets the eye*. Paper presented at the Canadian Psychological Association's 76th Annual Convention, Ottawa, ON. <http://dx.doi.org/10.13140/RG.2.2.15683.02083>
- Capaldi, C. A. (2015, May). *Graduating from undergrads: Are MTurk workers less attentive than undergraduate participants?* Poster presented at the 4th Annual Psychology Outside the Box Conference, Ottawa, ON. <http://dx.doi.org/10.13140/10.13140/RG.2.2.19038.46401>
- Capaldi, C. A., & Zelenski, J. M. (2015, February). *Nice or naughty in nature? A meta-analysis on the effect of nature exposure on prosociality*. Poster presented at the 16th Annual

Meeting of the Society for Personality and Social Psychology, Long Beach, CA.
<http://dx.doi.org/10.13140/RG.2.2.32237.41446>

Capaldi, C. A., & Zelenski, J. M. (2014, June). *Naturally concerned and built selfish: The influence of positive and negative valenced exposures to nature and built stimuli on concern for others and the environment*. Poster presented at the Canadian Psychological Association's 75th Annual Convention, Vancouver, BC.
<http://dx.doi.org/10.13140/RG.2.2.18815.64166>

Sztainert, T., Capaldi, C., & Toor, B. (2014, March). *Enter the friendzone: Gender differences in the likelihood of romantic/sexual behavior in opposite-sex friendships*. Paper presented at the inaugural Coffeehouse Conference on Gender and Sexuality Research by the Graduate Students' Association, Ottawa, ON.

Capaldi, C. A., Sztainert, T., & Toor, B. (2014, February). *Escaping the friend zone: Gender differences in the likelihood of romantic/sexual behavior in opposite sex friendships*. Poster presented at the 15th Annual Meeting of the Society for Personality and Social Psychology, Austin, TX. <http://dx.doi.org/10.13140/RG.2.2.33915.13605>

Capaldi, C. A., & Zelenski, J. M. (2014, February). *The relationship between hedonic well-being and nature connectedness: A meta-analysis*. Poster presented at the 15th Annual Meeting of the Society for Personality and Social Psychology, Austin, TX.
<http://dx.doi.org/10.13140/RG.2.2.20493.36324>

Maeder, E., McManus, L., & Capaldi, C. A. (2013, March). *Race salience in Canada – Looking at multiple target races and multiple manipulations of salience*. Poster presented at the American Psychology-Law Society Conference, Portland, OR.
<http://dx.doi.org/10.13140/RG.2.2.23848.80643>

McManus, L. Maeder, E., & Capaldi, C. A. (2013, March). *Race-crime congruence in Canada: Effects of stereotype-consistency in cases with White, Black, and Aboriginal-Canadian defendants*. Poster presented at the American Psychology-Law Society Conference, Portland, OR. <http://dx.doi.org/10.13140/RG.2.2.10427.03360>

AWARDS AND HONOURS

2020	Certificate of Academic Excellence, Canadian Psychological Association
2018-2019	Wylda Blanche McDermid Holbein Memorial Scholarship, Dean of Graduate Studies and Research, Carleton University
2018	Department of Psychology TA Excellence Award (Nominated), Department of Psychology, Carleton University
2018	Outstanding Teaching Assistant Award (Nominated), Educational Development

- Centre, Carleton University
- 2018 Early Career Researcher Travel Award, inFLAME Global Network
- 2017 Nicholas P. Spanos Memorial Award in Psychology, Department of Psychology, Carleton University
- 2017 Ontario Graduate Scholarship
- 2015-2016 Graduate Student Open Access Award, Carleton University MacOdrum Library, Graduate Student Association, and the Office of the Vice President (Research & International)
- 2016 Graduate Student Travel/Research Bursary, Faculty of Graduate and Postdoctoral Affairs, Carleton University
- 2015 International Journal of Wellbeing Article of the Year
- 2015 Certificate of Academic Excellence, Canadian Psychological Association
- 2015 Robert Sommer Award for Best Student Paper, Environmental Section of the Canadian Psychological Association
- 2015 Graduate Student Travel/Research Bursary, Faculty of Graduate and Postdoctoral Affairs, Carleton University
- 2015 Student Poster Award (Finalist), Society for Personality and Social Psychology Graduate Student Committee
- 2015 Senate Medal for Outstanding Academic Achievement – Graduate
- 2015 Diversity Fund Graduate Student Travel Award, Society for Personality and Social Psychology
- 2014 Joseph-Armand Bombardier Canada Graduate Scholarships - Doctoral
- 2014 Departmental Scholarship
- 2014 Domestic Entrance Doctoral Scholarship
- 2014 Ontario Graduate Scholarship (Declined)
- 2014 Social Sciences Graduate Bursary
- 2014 GSA Travel Grant, Graduate Students' Association

- 2014 Student Travel Bursary, Canadian Psychological Association Section for Students
- 2014 Top 10 Finalist in the 3 Minute Thesis Competition at Carleton University
- 2014 Graduate Student Travel/Research Bursary, Faculty of Graduate and Postdoctoral Affairs, Carleton University
- 2013 Joseph-Armand Bombardier Canada Graduate Scholarships - Master's
- 2013 Ontario Graduate Scholarship (Declined)
- 2012 Graduate Scholarship
- 2012 Ontario Graduate Scholarship
- 2012 Dean of Graduate Studies Entrance Scholarship for Domestic Students
- 2012 Senate Medal for Outstanding Academic Achievement - Undergraduate
- 2012 Pearson Education Forensic Psychology Thesis Award, Carleton University
- 2011 David Bernhardt Scholarship in Psychology, Department of Psychology, Carleton University
- 2010 Claude Bissell Scholarship
- 2009 A. Davidson Dunton Scholarship
- 2008 J. Lorne Gray Scholarship
- 2007 Carleton University Entrance Scholarship, Carleton University
- 2007-2011 Dean's Honour List, Carleton University

FEDERAL GOVERNMENT EXPERIENCE

- June 2020-Present Epidemiologist/Biostatistician | Public Health Agency of Canada | Health Promotion and Chronic Disease Prevention Branch | Centre for Surveillance and Applied Research | Behaviours, Environments and Lifespan Division
- Sep 2019-May 2020 Research Analyst | Public Health Agency of Canada | Health Promotion and Chronic Disease Prevention Branch | Centre for Surveillance and Applied Research | Behaviours, Environments and Lifespan Division

TEACHING EXPERIENCE

- 2012-2019 Teaching Assistant, Carleton University
- Advanced Regression
 - Design and Analysis in Psychological Research
 - Honours Project in Psychology
 - Positive Psychology
- 2015 Guest Lecturer, Carleton University
- Course: Positive Psychology, Topic: Nature and Well-Being
- 2012-2013 Tutor, Introduction to Statistics in Psychology, Carleton University
- 2011-2012 Peer Assisted Study Session Facilitator, Design and Analysis in Psychological Research, Carleton University

RESEARCH EXPERIENCE

- 2012-2019 Research Assistantship, Carleton University Happy Lab
- 2018 Study Administrator, OECD Study on Social and Emotional Skills
- 2013 Research Assistantship, Carleton University Online
- 2012 Volunteer, Legal Decision Making Lab

SERVICE TO PROFESSION

- 2014-2023 Ad Hoc Reviewer:
- Canadian Journal on Aging
 - Canadian Psychology
 - Ecopsychology
 - Environment and Behavior
 - Frontiers in Psychology
 - Global Public Health
 - Health Reports
 - Journal of Environmental Psychology
 - Journal of Family Violence
 - PLOS ONE
 - Professional Psychology: Research and Practice
 - Social Inquiry into Well-Being

- 2017-2018 Review Editor, *Frontiers in Psychology, Personality and Social Psychology*
- 2015-2016 Graduate Reviewer, *Mind Pad*
- 2014-2016 Campus Representative, Association for Psychological Science Student Caucus
- 2014-2016 Society for Personality and Social Psychology's Twitter Team
- 2015 Reviewer, Convention Programming, Environmental Section of the Canadian Psychological Association
- 2015 Reviewer, Outstanding Research Award, Society for Personality and Social Psychology
- 2015 Reviewer, Student Research Award, Association for Psychological Science
- 2014 Reviewer, Convention Programming, Environmental Section of the Canadian Psychological Association
- 2014 Reviewer, Student Grant Competition, Association for Psychological Science Student Caucus
- 2014 Reviewer, Student Research Award, Association for Psychological Science Student Caucus
- 2013 Note-taker, Canadian Psychological Association Summit on Need, Supply, and Demand of Psychologists in Canada
- 2013 Practicum Placement, Canadian Psychological Association
- 2012 Reviewer, Jury Decision Making Panel, American Psychology-Law Society Conference

EXTRACURRICULAR SERVICE

- 2009-2014 Vice President Communications and Public Awareness Volunteer, Wrongful Conviction and Injustice Association, Carleton University
- 2012-2013 Treasurer, Student Alliance for Mental Health, Carleton University
- 2011-2012 Front-Line Volunteer, Distress Centre of Ottawa and Region

RELATED PROFESSIONAL SKILLS

IBM SPSS
Mplus
SAS
Qualtrics
SuperLab

RELEVANT CERTIFICATIONS

2020	Foundations of OCAP®, First Nations Information Governance Centre
2018	Preparing to Teach Certificate, Educational Development Centre, Carleton University
2014	Tri-Council Policy Statement: Ethical Conduct for Research Involving Humans, Course on Research Ethics (TCPS 2: CORE)
2012	Mental Health First Aid Canada Certificate, Mental Health Commission of Canada
2012	Certificate in Teaching Assistant Skills, Educational Development Centre, Carleton University
2012	Tutor Skills Certificate, Learning Support Services, Carleton University
2011	Applied Suicide Intervention Skills Training, LivingWorks